

I'm not a robot!

guideline change — it's a guideline reversal," said Wendy Sue Swanson, MD, chief medical officer for SpoonfulONE, a company that makes mix-ins and other products for multi-allergen feeding. After telling families for years to avoid these allergens in early life because food allergies were rising, "it's harder advice to say, actually, we were wrong. Not only should you not wait, you should get peanut in while your baby's immune system has this critical moment to learn and develop, and you should keep getting it in," Swanson told Medscape Medical News. Making matters worse, pediatricians are time pressed. Typically, at 4- to 6-month-old well-check visits, "they're talking about sleep and development and feeding and milestones," said Ruchi Gupta, MD, MPH, professor of pediatrics and medicine at Northwestern Feinberg, who led the allergist and pediatrician analyses. Another challenge: Guidelines differ depending on the child's level of food allergy risk, so it's hard to explain them clearly and quickly. Babies at highest risk — as judged by having severe eczema, egg allergy, or both — should get peanut IgE blood testing and, if negative, begin regular consumption of peanut by 4-6 months. Intermediate-risk babies who have mild-to-moderate eczema are recommended to start peanut-containing foods by 6 months. And for low-risk babies with no eczema or known food allergies, the guidance is simply to introduce peanut-containing foods "in accordance with family preferences and cultural practices." As for pediatricians who say it's hard to distinguish mild-to-moderate from severe eczema, "any eczema puts you at some risk," Gupta told Medscape Medical News. "If they've required steroid creams to clear up their skin, or if you look at their skin and you think it's severe, don't hesitate. Go ahead and draw the IgE and send them to an allergist." Australia, which has the highest rate of confirmed food allergy, has had more success implementing early feeding guidelines, said Swanson. Unlike the United States' tiered approach, she said, they "had a national guideline that very crisply, years ago, told parents what to do." Australia also has nurse educators that follow up with new moms to make sure they understand and follow the recommendations. Gupta receives research support from the National Institutes of Health, Food Allergy Research and Education, the Melchiorre Family Foundation, the Sunshine Charitable Foundation, the Walder Foundation, the UnitedHealth Group, Thermo Fisher Scientific, and Genentech. She serves as a medical consultant/advisor for Genentech, Novartis, and Food Allergy Research and Education. Swanson serves as chief medical officer for SpoonfulONE. American College of Allergy, Asthma & Immunology: ePoster P104.

Presented November 5, 2021. Esther Landhuis is a freelance science journalist in the San Francisco Bay Area. She can be found on Twitter @elandhuis. For more news, follow Medscape on Facebook, Twitter, Instagram, and YouTube. Here's how to send Medscape a story tip.

Friday, November 08 Session Title Speaker(s) Handout 6:15 AM - 7:30 AM AACAI 2019: Subcutaneous Versus Sublingual Allergen Immunotherapy - Where Do We Stand in 2019? Warner Carr, MD, FACAAI Moises Calderon-Zapata, MD, PhD Lawrence DuBuske, MD, FACAAI Russell Settipane, MD, FACAAI 8:00 AM - 9:30 AM Idiopathic Anaphylaxis - Knowledge Gaps and Patient Needs Anne Ellis, MD, MSc, FACAAI Nicole Chase, MD Jay Lieberman, MD, FACAAI Paul Greenberger, MD, FACAAI Phillip Lieberman, MD, FACAAI Office Administrators Friday Morning Program (OAP) Kay Tyler, MBA Gary Gross, MD, FACAAI Jennifer Pfeifer, MBA, CMPE Phases of Allergy Practice Kevin McGrath, MD, FACAAI Kathleen May, MD, FACAAI William Berger, MD, MBA, FACAAI James Sublett, MD, FACAAI Melinda Rathkopf, MD, FACAAI Stanley Fineman, MD, MBA, FACAAI Dana Wallace, MD, FACAAI 8:00 AM - 11:30 AM Advanced Practice Friday Morning Program (AP) Jodi Shroba, MSN, APRN, CPNP Bradley Chipp, MD, FACAAI Maureen George, PhD, RN, AE-C John Kelso, MD, FACAAI Amanda Michaud, PA-C Sandy Skotnicki, MD Michelle Dickens, MSN, FNP-C, AE-C 10:00 AM - 10:45 AM Biologics: A Look at the Risks, Rewards and Service (OAP) Jennifer Kuehn, CPC USP 797: What the New Rule Means for Your Practice (OAP) Kay Tyler, MBA Use of Technology in Revenue Cycle Management (OAP) Charlie Furr, Jr. 10:00 AM - 11:30 AM Across the Spectrum of Immunotherapy Ira Finegold, MD, FACAAI Joseph Forester, DO, FACAAI Jay Portnoy, MD, FACAAI John Oppenheimer, MD, FACAAI Mike Tankersley, MD, MBA, FACAAI Moises Calderon-Zapata, MD, PhD Biologics for the Young and the Restless Jay Lieberman, MD, FACAAI William Anderson, MD Jonathan Corren, MD, FACAAI Thomas Casale, MD, FACAAI Carla Davis, MD, FACAAI 10:45 AM - 11:30 AM Biologics: A Look at the Risks, Rewards and Service (OAP) Jennifer Kuehn, CPC USP 797: What the New Rule Means for Your Practice (OAP) Kay Tyler, MBA Use of Technology in Revenue Cycle Management (OAP) Charlie Furr, Jr. 11:30 AM - 12:55 PM Implementing Food Allergy Therapy in Clinical Practice (Luncheon Symposium) Edwin Kim, MD, FACAAI Douglas Jones, MD, FACAAI Douglas Mack, MD, MSc Aikaterini (Katherine) Agagnostou, MD, PhD, FACAAI Jonathan Hourihane, MD Warner Carr, MD, FACAAI 1:00 PM - 1:45 PM Government and Regulatory Update (OAP) Bill Finerfrock 1:00 PM - 2:30 PM A Tough Nut to Crack: The Complexity of Tree Nut Allergy Management (AP) Jodi Shroba, MSN, APRN, CPNP Maria Crain, CPNP, AE-C Don't Be Rash! Assessing Contact Dermatitis Sandra Gawchik, DO, FACAAI Stephanie Mawhirt, DO Whitney High, MD, MEng Sharon Jacob, MD Sandy Skotnicki, MD Pearls to Improve Your Practice Operations Stanley Fineman, MD, MBA, FACAAI Scott McCutcheon, MHA Gary Gross, MD, FACAAI Jean Owen, MBA James Tracy, DO, FACAAI J. Wesley Sublett, MD, MPH, FACAAI Shared Decision-making and Improved Adherence and Compliance (AP) Cheryl Bernstein, RN, CCRC Maureen George, PhD, RN, AE-C 1:45 PM - 2:30 PM But This Is How We've Always Done It! (OAP) Scott Dennis, MHA 3:00 PM - 3:45 PM HR: Investing in the Happy Factor (OAP) Lauren Sloan, MHA, RN 3:00 PM - 4:30 PM Evidence-based Diagnosis of Food Allergy Jay Portnoy, MD, FACAAI David Golden, MD, FACAAI Julie Wang, MD, FACAAI Matthew Greenhawt, MD, MSc, MBA, FACAAI Marcus Shaker, MD, MSc, FACAAI Management of the Coughing and Wheezing Infant and Toddler (AP) Lila Kertz, MSN, RN, CPNP, AE-C Marciarose Winston, MSN, CPNP, AE-C PBL - Review of Common Immunodeficiency Diagnosis (AP) Brenda Snyder, APRN, CPNP Nikita Raje, MBBS, MSc Physician Health and Wellness: Advocating for Ourselves Travis Miller, MD, FACAAI Andrew Nickels, MD Maeve O'Connor, MD, FACAAI Gailen Marshall, MD, PhD, FACAAI Anil Nanda, MD, FACAAI 3:45 PM - 4:30 PM Leadership: The Essential Nuts and Bolts to Survive Practice Management (OAP) John Milewski 4:30 PM - 6:00 PM FIT Integrated Educational Program & Business Meeting Christin Deal, MD Miriam Samstein, MD, PhD Jay Lieberman, MD, FACAAI Nicholas Rider, DO Saturday, November 09 Session Title Speaker(s) Handout 8:00 AM - 9:30 AM PRESIDENTIAL PLENARY: Adapting to New Evidence Todd Mahr, MD, FACAAI Susan Bailey, MD, FACAAI Matthew Rank, MD, FACAAI Michael Levin, MD, PhD, FACAAI Stephen Holgate, MD, FACAAI 10:00 AM - 11:30 AM Allied Health Saturday Morning Program (AH) Maureen George, PhD, RN, AE-C Kimberly Clay, RN, MSN, APRN, FNP-BC Tara Doran, RN, MHA Theresa Aldape, LMSW Ensuring the Success of Academic Allergy (Invitation Only) Bryan Martin, DO, FACAAI Aidan Long, MD Bryan Martin, DO, FACAAI James Li, MD, PhD, FACAAI Aidan Long, MD Kevin Kelly, MD Practical Use and Effectiveness of New Digital Health Technologies in Effective Treatment of Asthma Jared Darveaux, MD Mark Stahl, DO, FACAAI Bruce Bender, PhD William Anderson, MD Nabeel Farooqui, MD, FACAAI Prevention of Allergic Conditions: What Conversations to Have With Expecting Parents Angela Hogan, MD, FACAAI Bruce Lanser, MD, FACAAI David Fleischer, MD, FACAAI Edmond Chan, MD Carina Venter, PhD, RD The Challenges of Infant Food Allergy and Anaphylaxis Anne Ellis, MD, MSc, FACAAI Matthew Greenhawt, MD, MSC, MBA, FACAAI Justin Greiwe, MD, FACAAI Benjamin Prince, MD, MSci Jay Lieberman, MD, FACAAI Joseph Bellanti, MD, FACAAI Mariana Castells, MD, PhD, FACAAI David Khan, MD, FACAAI Aleena Banerji, MD, MPH, FACAAI Facilitated SQ Immunoglobulin Infusion Lisa Kobrynski, MD, MPH, FACAAI Kenneth Paris, MD, MPH Nikita Raje, MBBS, MSc Richard Wasserman, MD, PhD, FACAAI Nicholas Rider, DO Lisa Forbes, MD 1:00 PM - 2:30 PM Advances in the Care of Patients With Common Variable Immune Deficiency (CVID) Nikita Raje, MBBS, MSc Benjamin Prince, MD, MSci John Routes, MD, FACAAI Lisa Forbes, MD Elena Perez, MD Evolution of Food Allergy Therapies John Oppenheimer, MD, FACAAI Marcus Shaker, MD, MSc, FACAAI J. Andrew Bird, MD, FACAAI Julie Wang, MD, FACAAI Brian Vickery, MD Integrative Approaches to Office Health: Improving Patient Outcomes Janna Tuck, MD, FACAAI Meagan Shepherd, MD, FACAAI Randy Horwitz, MD, PhD James Carmody, PhD Managing the Whole Person, Not Just the Food Allergy (AH) Ashley Ramos, PhD Jodi Shroba, MSN, APRN, CPNP Myth-busting in the Allergy Practice: Separating Fact From Fiction (AH) Amanda Michaud, PA-C Abby Allen, RN, NP New Frontiers: COPD, ACO and Adults With Wheezing Anil Nanda, MD, FACAAI Michael Foggs, MD, FACAAI William Calhoun, MD, FACAAI Nicola Hanania, MD, MS Mario Castro, MD, MPH Racial, Ethnic and Socioeconomic Disparities in Food Allergy Cherie Zachary, MD, FACAAI Princess Ogbogu, MD, MPH Rachel Peters, MPH, PhD Michael Levin, MD, PhD, FACAAI The Changing Face of an Allergy Practice Warner Carr, MD, FACAAI James Tracy, DO, FACAAI Melinda Rathkopf, MD, FACAAI Stanley Fineman, MD, MBA, FACAAI James Sublett, MD, FACAAI Kevin McGrath, MD, FACAAI Hands-on: The Use of Case Simulation for the Education of Allergy Emergencies - Spotlight on Anaphylaxis (AH/AHP) Anne Ellis, MD, MSc, FACAAI Sara Barmettler, MD Marcella Aquino, MD, FACAAI Aleena Banerji, MD Kimberly Blumenthal, MD, MSc 3:00 PM - 4:30 PM In-office Challenges: The Good, The Bad and Anaphylaxis: Is Your Office Ready? (AH) Jay Lieberman, MD, FACAAI Maria Crain, CPNP, AE-C Cannabis in 2019: Navigating Our Patients Through Facts and Misconceptions William Silvers, MD, FACAAI Michael Rupp, MD, FACAAI David Naimi, MD, FACAAI Rohit Katial, MD, FACAAI Hanelore Brucker, MD, FACAAI Coding and Governmental Regulations Update James Tracy, DO, FACAAI Stephen Imbeau, MD, FACAAI Gary Gross, MD, FACAAI Susan Bailey, MD, FACAAI Bill Finerfrock 4:30 PM - 5:30 PM Cough Across the Ages Jeremy Katcher, MD, FACAAI J. Wesley Sublett, MD, MPH, FACAAI Kevin Murphy, MD, FACAAI Alan Goldsobel, MD, FACAAI Mandel Sher, MD, FACAAI Difficult-to-control Atopic Dermatitis: Cutting Edge Science, Practical Pearls and Targeted Therapy Myron Zitt, MD, FACAAI Allison Ramsey, MD, FACAAI Donald Leung, MD, PhD, FACAAI Andrew Alexis, MD, MPH Mark Boguniewicz, MD, FACAAI Strategies for Getting the Most from Spirometry (AH) Michelle Dickens, MSN, FNP-C, AE-C Helen Murphy, RRT, AE-C The Updated EoE Guidelines - Whose Disease Is It Anyway? John Oppenheimer, MD, FACAAI Dana Wallace, MD, FACAAI Matthew Rank, MD, FACAAI Edmond Chan, MD Hands-on: The Use of Case Simulation for the Education of Allergy Emergencies - Spotlight on Anaphylaxis Anne Ellis, MD, MSc, FACAAI Sara Barmettler, MD Marcella Aquino, MD, FACAAI Aleena Banerji, MD Kimberly Blumenthal, MD, MSc 4:30 PM - 5:30 PM Distinguished Industry Oral Abstracts With Refreshments: Session A Brian Kelly, MD, MA David Stukus, MD, FACAAI Distinguished Industry Oral Abstracts With Refreshments: Session B Lisa Kobrynski, MD, MPH, FACAAI Janna Tuck, MD, FACAAI Sunday, November 10 Session Title Speaker(s) Handout 6:30 AM - 7:55 AM Pediatric Asthma: Where Are We Going? (Breakfast Symposium) William Anderson, MD Alan Goldsobel, MD, FACAAI Jonathan Bacharier, MD Matthew Rank, MD, FACAAI 8:00 AM - 9:30 AM Modifying Our Approach Mark Corbett, MD, FACAAI Paul O'Byrne, MD Syed Arshad, MBBS, DM Susan Prescott, MD, PhD Carina Venter, PhD, RD 10:00 AM - 11:30 AM 7 for 11: Hot Topics in Pediatric A/I - A Joint Presentation from AAP-SOAI & ACAAI Todd Mahr, MD, FACAAI Angela Hogan, MD, FACAAI J. Wesley Sublett, MD, MPH, FACAAI J. Andrew Bird, MD, FACAAI Carla Davis, MD, FACAAI Julie Wang, MD, MSPH, FACAAI Ruchi Gupta, MD, MPH Allied Health Sunday Morning Program (AH) Helen Murphy, RRT, AE-C Mark Boguniewicz, MD, FACAAI Cheryl Bernstein, RN, CCRC Primary Immune Deficiency: Optimal Care for Optimal Outcomes Purvi Parikh, MD Kenneth Paris, MD, MPH Mark Ballow, MD, FACAAI Kenneth Paris, MD, MPH Richard Wasserman, MD, PhD, FACAAI USP 797, The Final Word - What Does It Say? What Does It Mean? What Do I Have to Do? Richard Gower, MD, FACAAI Erika Gonzalez Reyes, MD, FACAAI James Sublett, MD, FACAAI James Tracy, DO, FACAAI J. Allen Meadows, MD, FACAAI Didactic: Introductory Course in Rhinolaryngoscopy Seong Cho, MD, FACAAI Jerald Koepke, MD, FACAAI Hands-on: The Nuts and Bolts of Wraps, Biopsy, Patch Testing and Metal Hypersensitivity Kelly Maples, MD, FACAAI Luz Fonacier, MD, FACAAI Sharon Jacob, MD Karin Pacheco, MD, MSPH David Weldon, MD, FACAAI Anil Nanda, MD, FACAAI Sandra Gawchik, DO, FACAAI 1:00 PM - 2:30 PM Oral Abstracts Session 1A: Adverse Drug Reactions, Insect Reactions, Anaphylaxis Kevin Kelly, MD, FACAAI 2:30 PM - 3:00 PM Oral Abstracts Session 1B: Allergy Diagnostics and Immunotherapy and Clinical Immunology, Immunodeficiency, Food Allergy Mitchell Grayson, MD, FACAAI Michelle Maciag, MD Oral Abstracts Session 1C: Adverse Drug Reactions, Insect Reactions, Anaphylaxis, Asthma, Other Lower Airway Disorders, Other Peck Ong, MD Peter Capucilli, MD Gabriel Motoa, M.D. Claire Atkinson, MD Lawrence DuBuske, MD, FACAAI Talal Nsouli, MD Jay Portnoy, MD, FACAAI Filling the Gaps - The Allergist's Role in Coordinating Care Across Age Groups Dana Wallace, MD, FACAAI Kelly Maples, MD, MPH William Anderson, MD Mervat Nassef, MD, FACAAI Alan Luskin, MD, FACAAI Andrew Weinstein, MD, FACAAI Recurrent Infections With Normal or Near-normal Immunoglobulins: Now What? Sami Bahna, MD, DrPH, FACAAI Elena Perez, MD Lisa Forbes, MD Ivan Chinn, MD WAO World Allergy Forum: New Frontiers in Atopic Dermatitis Todd Mahr, MD, FACAAI Ignacio Ansotegui, MD, PhD Motohiro Ebisawa, MD, PhD Mario Sanchez-Borges, MD Luciana Tanno, MD, PhD When IgE Is Not to Blame: Non-IgE-mediated Food Reactions and Nutritional Management (AH) Raquel Durban, MS, RD, CSP, LDN Abby Allen, RN, NP Hands-on: Session in Rhinolaryngoscopy: Introductory Jerald Koepke, MD, FACAAI Jerald Koepke, MD, FACAAI Seong Cho, MD, FACAAI Kevin Murphy, MD, FACAAI Grant Olson, MD, FACAAI Donald Pulver, MD, FACAAI David Elkayam, MD 3:00 PM - 4:30 PM Oral Abstracts Session 2A: Food Allergy Michael Pistiner, MD MMSc Marissa Shams, MD Michelle Maciag, MD Monica Kraft, MD Adam Robinson Jialing Jiang, BA Carina Venter, PhD, RD Oral Abstracts Session 2B: Asthma, Other Lower Airway Disorders Myron Zitt, MD, FACAAI Jared Darveaux, MD Mansi Kothari, MD, MBBS Maritza Rivera-Valenzuela Sergio Chiarella, MD Rutu Patel, MPH, MBBS Abigail Finley, MD, MPH Mark Small, BSc Oral Abstracts Session 2C: Other, Rhinitis, Other Upper Airway Disorders, Skin Disorders Desree Larenas-Linnemann, MD Brittan Neaves, MD Peter Capucilli, MD Di Sun, MD, MPH Jens Richter David Frankel Margaret Kim, MD Syed Arshad, MBBS, DM How to Implement a Penicillin Allergy Program in Your Community David Stukus, MD, FACAAI David Khan, MD, FACAAI Kimberly Blumenthal, MD, MSc Telemedicine for the Allergist Jay Portnoy, MD, FACAAI Justin Greiwe, MD, FACAAI Jennifer Shih, MD Tania Elliott, MD, FACAAI David Lang, MD, FACAAI Up in Smoke: The Use of Marijuana and E-cigs in Patients With Allergic Disease and Asthma (AH) David Naimi, DO Rohit Katial, MD, FACAAI Hands-on: Session in Rhinolaryngoscopy: Intermediate/Advanced Jerald Koepke, MD, FACAAI Seong Cho, MD, FACAAI Grant Olson, MD, FACAAI Kevin Murphy, MD, FACAAI Donald Pulver, MD, FACAAI David Elkayam, MD Monday, November 11 Session Title Speaker(s) Handout 8:00 AM - 9:30 AM Allergists Can Offer More Than Just Skin Testing Luz Fonacier, MD, FACAAI Bryan Martin, DO, FACAAI Hemant Sharma, MD Michael Nelson, MD, PhD, FACAAI J. Allen Meadows, MD, FACAAI 9:45 AM - 11:00 AM Urticaria: Are You Itching to Learn More? Sandra Gawchik, DO, FACAAI Jonathan Tam, MD, FACAAI David Weldon, MD, FACAAI Marcus Maurer, MD Allen Kaplan, MD, FACAAI Climate Change and Natural Disasters: The Central Role of Allergists William Dolen, MD, FACAAI Meagan Shepherd, MD, FACAAI David Peden, MD, FACAAI Nicholas Rider, DO Maya Gharfeh, MD, MPH 9:45 AM - 12:30 PM CAP (Continuous Assessment Program) Review Lisa Kobrynski, MD, MPH, FACAAI Anne Ellis, MD, MSc, FACAAI Kelly Maples, MD, FACAAI Lisa Kobrynski, MD, MPH, FACAAI Brian Kelly, MD, MA Gerald Lee, MD Nikita Raje, MBBS, MSc 11:15 AM - 12:30 PM New Horizons in Chronic Rhinosinusitis Alan Goldsobel, MD, FACAAI Puneet Shroff, MD, FACAAI Anju Peters, MD Joseph Han, MD Jonathan Bernstein, MD, FACAAI Managing the Patient With Recurrent Infections Mary Fasano, MD, MSPH, FACAAI S. Shahzad Mustafa, MD, FACAAI Nicholas Rider, DO Thomas Fleisher, MD, FACAAI

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